



Training Policy

Cara Group place a high level of importance on training, ensuring that personnel are kept up to date with qualifications already taken and with changes in legislation at all times.

The Cara Group training matrix is checked regularly to ensure all personnel whose qualifications are nearing expiry are sent on re-assessment training course. The matrix is fully reviewed by Cara Group Training Manager Paul Grimes and Cara Director / Senior Management to ensure all personnel have the correct qualifications and any requirements are noted as required.

Cara Group invests heavily in various different types of training depending on the personnel job title, such as but not limited to the following: Apprenticeships, NVQ's, CPCS training for plant operators, City & Guilds confined spaces, scaffold inspection, NRASW, CAT 4, 1st Aid, PASMA, IPAF, Asbestos Awareness, Quick Hitch, Abrasive Wheels, Manual Handling, SMSTS, and SSSTS with 100% of Cara site personnel being CSCS/CPCS card holders.

All apprentices spend one day training at a College and are registered under CITB, with the remainder of their working week shadowing a competently qualified member of the Cara site team.

We also encourage internal promotions, and currently have numerous office and site staff are undergoing up skilling courses.

Director: - Name: P Grady

Signed: *P J Grady*